



SHARE & CARE FOUNDATION

DONATE NOW

Transforming Rural Healthcare on World Health Day

HEALTH, HOPE, AND H2U



TOGETHER FOR HEALTH.

STAND WITH SCIENCE.

The Share & Care Foundation is committed to bringing affordable, quality healthcare to underserved communities in India — where preventable diseases are a major contributor to health inequality.

Our Healthcare 2 Unreached program works to break this cycle through targeted and cost-effective interventions.

Working with local organizations, the H2U model focuses on building trust through community. Community health workers are trained to provide first-line support, identify high-risk individuals, and coordinate referrals to advanced care when needed.

Together, we are also bringing telemedicine to rural patients, connecting them with urban specialists. Additionally, digital health records improve continuity and long-term tracking and ultimately contribute to continuity of care, an important factor in lifelong health outcomes.

✦+ SOME OF OUR H2U PROJECTS INCLUDE ✦+

Remote Access: Healthcare at all Distances



In the quiet villages of rural Tamil Nadu or Manipur, hospitals and doctors are often miles away. Illnesses go untreated, and preventable diseases take lives.

✦+ **Our Solution:** Mobile health vans operated by our partners bring doctors, nurses, and counselors

directly to the poorest communities every week. Inside, women are screened, children receive nutrition guidance, and the elderly find comfort in long-awaited care.

Mental Illness is Not a Stigma: A Community-Centered Model



Mental health issues, including digital addiction, are traditionally treated with less concern than physical illnesses. Additionally, because some patients fear they will damage their family's reputation, they often hide these conditions.



Our Solution: Through collaboration with local leaders, schools, and grassroots groups, community health workers are trained in early detection to identify high-risk individuals and provide first-line care, including coordinating referrals to advanced care when needed.

Cervical and Breast Cancer: Expanding Access to Life-Saving Screening and Prevention

Cervical and breast cancer are the leading causes of cancer-related mortality among rural Indian women. Late diagnosis, lack of awareness, and limited access to screening are the major contributing factors.

An estimated 436,000,000 women in India are at risk, with nearly 79,900 deaths recorded in 2020 alone, often preventable through early detection and vaccination.



Our Solution: Over the past year, we have reached more than 15,000 women by conducting 4,346 mammograms and 3,789 Pap smear tests, and administering 14,951 HPV vaccinations.

Anemia: High-Impact Care Can Also Be Highly Affordable

Anemia weakens immunity, impairs cognitive development, increases maternal health risks, and reduces productivity.

Women (57%), teenage girls (60%), and children under 5 (67%) are disproportionately affected.



Our Solution: We partner with local NGOs to serve more than 600 tribal villages in Gujarat, delivering screening, deworming, and treatment

with iron, folic acid, and vitamin B12. **Cost: \$1 per person.**

Maternal & Newborn Health: Importance of Continuous Care Beyond Hospital Walls



An extremely low-birth-weight infant who weighed just 0.726 kg (1 lb 9.6 oz.) at birth survived thanks to NICU care, nutritional support, and regular follow-up visits.

The three greatest causes of infant mortality are premature birth, complications during delivery, and infection during the first week following birth.

Significantly higher maternal mortality occurs in poorer, northern, and eastern states. Key drivers include limited access to specialized care and malnutrition.



Our Solution: With our local partners, we are providing Special Neonatal Care Units that provide follow-up care by trained supervisors through at least the child's second birthday. The program addresses the leading causes of infant mortality and educates mothers in nutrition and immunization.

Healthier Children, Empowered Women, and Stronger Families

This World Health Day, H2U is turning health challenges into healthy futures — community by community.

To continue this important work, we rely on you, our donors, to support our mission of working with grassroots organizations to improve health outcomes now and in the future.

Just a small donation can make a huge difference. For example, once the program was established, our work fighting anemia costs just \$1 per person. Won't you help us create more programs to save more lives?

[DONATE NOW](#)





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