



UNITED IN PURPOSE
BOUNDLESS IN IMPACT

Annual Gala 2025



The 2025 Gala: Bringing the Share & Care Family Together Again

We are honored to announce the Share & Care Annual Gala on Sunday, November 2, 2025, celebrating “**United in Purpose, Boundless in Impact.**” The Annual Gala will begin at 4:30 p.m. at the Jo Ann Magistro Performing Arts Center (JMPAC) at 200 Rues Ln., East Brunswick, NJ 08816. We are excited to bring together the Share & Care family to share in the dream of worldwide peace, hope, and support!

Rainbow Colors of Women is a captivating tribute and celebration of Nari Shakti – women’s strength, resilience, and potential – as performed through Kathak, a classical dance style known for its intricate footwork and graceful hand movements. Accompanied by music genres ranging from classical to folk to Bollywood, acclaimed Kathak guru Pandita Archana Joglekar and her dance troupe tell the story of women’s roles as mothers, sisters, daughters, partners, wives, and friends.

General admission tickets are on sale now for \$50 and \$100.

Please visit shareandcare.org/gala2025 for the seating chart and details. For VIP seating, and sponsorship opportunities, please contact info@shareandcare.org.

A Message from Share & Care President Saumil Parikh

As we approach the holiday season, I want to reflect on our many blessings and opportunities. Across the world, in our home country, India, many do not have similar opportunities. We, at Share and Care Foundation, with your support try to provide those chances. With your vital help, we have distributed over \$80 million in aid over the last 40 years while impacting millions of lives.

You will understand the impact we have in various states of India as you read about our many projects across our signature programs, including **Women Empowerment, Healthcare 2 Unreached, Educate 2 Graduate, and Educate 2 Success.**

Please help us make these holidays sweeter for those in need. For those who have already donated, please be kind enough to do so again. With your invaluable charitable donations, we continue our important work. Giving back is our responsibility to society.

When a community and an organization are united in purpose, we can create a boundless impact that ripples through individuals, families, and villages across India.

Best wishes to you and your family for the holiday season.

Sincerely,
Saumil Parikh

WOMEN'S EMPOWERMENT

From Silence to Strength: Empowering Kashmir's Girls

In the valleys of Kashmir, where traditional expectations often limit young women's voices, we have worked with NGO Oasis' Saamarthya Project to create a beacon of empowerment, turning self-doubt into confidence and strength.

Yaami Saika's journey exemplifies this transformation. She first learned of the project in 2019 at a time when she most needed it. "I wasn't in a good place — mentally, emotionally or spiritually," Yaami recalls. Yet her decision to join the program became a turning point in her life.

During her first year, she felt genuinely proud of herself for the first time. However, the pandemic set her back. Though she remained connected virtually, she lost her initial confidence. Returning in 2022, she arrived hopeful, but quickly felt lost. "I felt invisible. I couldn't speak; I thought I didn't belong." She persisted and returned in 2023 and 2024, each year learning, growing, and finding her voice: "I saw myself as a leader, and others saw it too."

Today, she serves as Chief Coordinator for District Srinagar and Assistant Chief Coordinator for Kashmir, mentoring girls who remind her of her former self.

Yaami is not alone; Huda Zehra shares how she was transformed



Top: Each year, we witness countless young women gain the confidence to lead and uplift their communities. Illustrations: Yaami once struggled to speak up, but has become the version of herself she once prayed for.

from a girl who left her home to confidently traveling alone to Gujarat for the program. "My doubt turned to determination. Now, I live to empower girls like I once was: silenced."

Ripple Effect of Empowerment

"I recall vividly, in the aftermath of the tragic events in Kashmir, reaching out to the team at OASIS. What I heard in response was a deeply compassionate message: one that emphasized friendship, unity, and support over division," said Dr. Ketki Shah, Women Empowerment Chair.

This philosophy is clear in the Saamarthya Project's powerful "Pay It Forward" method. Each empowered girl becomes a catalyst for change in her community. As part of our ongoing initiative, 20 girls participate

in intensive 5-day Leadership Empowerment camps, returning to conduct programs in their schools and neighborhoods. Building on the success in Kashmir, the program is being replicated in 10 regions across India at customized Dream India Camps. The year will culminate at National Grand Dream India Camp in December, uniting 100 young women leaders from across the country.

“
I have found my light,
and now I help others
find theirs.

YAAMI SAIKA
Saamarthya Project Graduate

HEALTHCARE 2 UNREACHED

Grounded, Focused, Connected: Combatting Digital Addiction

Digital addiction is becoming a pervasive problem, associated with numerous mental health issues, including low self-esteem, impulsivity, poor sleep, mood disorders, depression, and even suicide. A strong correlation has been established between a person's mental health, their quality of life, and their level of internet addiction.

Since 2019, we have worked with partner NGO Chetana Empowerment Foundation (CEF) to address this growing threat through our Digital Wellness prevention and counseling program to create a positive mental health environment, destigmatize mental health care, and enhance digital wellness among students.

In the past six years, we have:



Conducted **920** mental health campaigns, benefiting **43,327** people



Hosted **327** online webinars, serving **26,600** people



Provided counseling to more than **2,000** students



Held social media addiction prevention programs for **800** participants



Taught screen and substance addiction awareness to **95,500** students

Success Stories



Dipali, Teacher

Dipali has witnessed firsthand how impactful the digital wellness campaigns can be for her students: "As a teacher, I've observed remarkable changes in our students after they attended the digital wellness sessions.

"Before the sessions, many of our students were struggling with excessive screen time, which was affecting their focus, productivity, and overall well-being. However, after attending the digital wellness program, there has been a noticeable shift.

"The students are now more engaged, attentive, and better able to manage their time. These sessions have not only equipped them with valuable tools for managing digital distractions but have also contributed to their overall mental and emotional well-being.

"The impact of the digital wellness sessions has been truly profound."



Madhura, Digital Wellness program participant

Students like Madhura can also see the changes within themselves: "One of the most powerful experiences I had was attending the residential camp at CEF's Happy Village. It offered a peaceful break from daily stress and helped me discover the importance of mindfulness, self-discipline, and practical life skills.

Today, I feel more grounded, focused, and connected with myself."

Grit & Divine Timing: Making Mayur's Bright Future Possible

Mayur Rakeshbhai grew up in Amroli, Surat, with his mother, father, and a younger brother. His mother is a homemaker, and his father a carpenter, as was his father before him. Mayur's mother's dedication to her family "knew no bounds," his father "labored tirelessly" to provide a steady income. Mayur called himself an average-to-good student. He scored 94% on his 10th board exams, which earned him some scholarships — a blessing for the entire family.

“I owe my journey to my parents' toil, my own grit, and the divine timing of HEST/SCF support. From the lows of failure to the highs of success, every step has shaped me.

However, by 12th grade, Mayur's scores plummeted. His boards dropped from 94% to 66%, and his other exams had similar outcomes, placing him at the low end of average, limiting his college options.

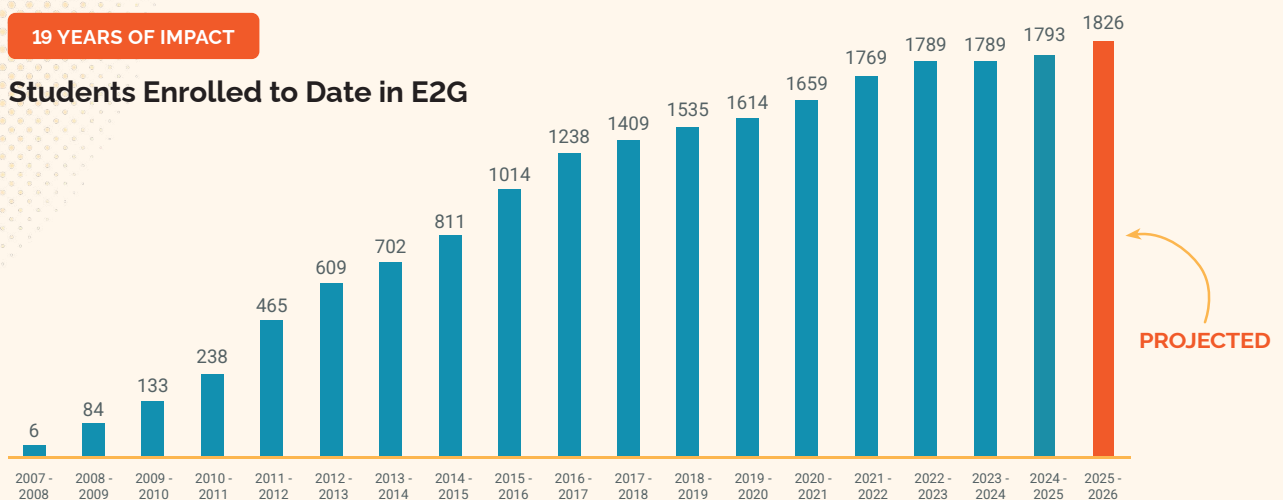
Mayur was overwhelmed with sadness and embarrassment. He worked hard to find a new resolve to push forward with his education. He recounts many tears and sleepless nights, but his determination eventually earned him a 95% on boards and a chance to attend Dhirubhai Ambani University in Gandhinagar, Gujarat!

His next challenge was tuition. He secured a government scholarship, but his parents could not make up the difference. Then, he found, applied for, and was accepted into the Educated 2 Graduate (E2G) program, which

secured a grant of Rs. 60,000 annually. Our E2G program provides scholarships over 4-5 years to brilliant, financially disadvantaged college hopefuls. Once accepted, students like Mayur receive emotional support and access to mentors, professional development tools, and resources in addition to scholarship funding.

“That scholarship was nothing short of a blessing, relieving my father of the worry of extra fees and allowing him to focus on his craft.”

Mayur credits the scholarship with helping make his bright future possible. Today, Mayur is a Commotion (Mvement Software Solutions) software engineer and earns 20 times his father's income.





“

I sincerely thank
Share & Care
Foundation for
supporting me in
my journey.

DIYA PATEL
MECT student

EDUCATE 2 SUCCESS

Light the Spark: Transforming Lives Through Learning

In the Southern Districts of Gujarat, where more than 70% of the population is tribal, marginalized communities face significant challenges. Most tribal families live in poverty, working on small farms or as day laborers. The children in these communities face extremely poor learning outcomes, further trapping the families in cycles of generational poverty.

For the past two years, we have partnered with Malvi Educational and Charitable Trust (MECT) to serve tribal children from six Southern Districts of Gujarat. In two residential

schools – Shantaba Vidhyalay for boys and Roop Kunvarba Kanya Vidhyalay for girls and young children – 1,000 students focus on their schooling rather than their family hardships.

More than 95% of MECT’s students live in the hostel, with 45% being orphaned or from single-parent households. The schools charge no fees while offering comprehensive support through Smart Classrooms, STEM laboratories, comfortable dormitories at “Vatsalyadham,” professional coaching for placement exams, nutrition programs, and 24/7 medical care.

Excelling Across the Board

MECT student successes are not limited to the classroom. Many students, like Diya Patel, have unlocked new confidence levels through sports: “Every student can excel when given the opportunity. It takes a mentor to light the spark.

I have especially thrived in sports, representing my school at the state and national levels in athletics. In 2024-25, I won the 400-meter gold medal at the Districts of Khel Mahakumbh and Rural Olympic Games. I sincerely thank the Share & Care Foundation for supporting me in my journey.”

Creating an Environment for Success

Through the holistic, growth-focused curriculum:

- **Over 95%** pass their SSC Board Exams
- **More than 50%** of science students qualify for medical advanced courses
- **200+ alumni** receive financial support for higher education
- **Over 90%** pursue higher education
- **Students won 42 medals** at the 2024-25 School Games and Khel Mahakumbh tournaments

According to the 2024 Annual Status of Education Report, only **25% of Grade 3 students** can read at Grade 2 level in Gujarati, and only **36% of Grade 5 students** can solve simple subtraction problems.

Meet Our New K4K Leadership Team

SAISHA VARAIYA
President

ANOUSHKA PARAKH
Vice President

ARIA SHAH
Liaison

SWARA JHAVERI
Secretary

ARHAAN GANDHI
Treasurer

SHANAYA PARIKH
Assistant Treasurer

AANYA PARIKH
Co-Marketing
Director

KHRISH SHAH
Co-Marketing
Director

ANYA SHAH
Community
Outreach
Volunteer

KRITHI MITTA
Branding and
Merchandise
Coordinator

Support Kids4Kids

Visit us online to learn more, make a donation, shop our merch, and follow us on social media: shareandcare.org/get-involved/kids4kids/

Or email us at kids@shareandcare.org to connect with us.



KIDS4KIDS

Dedicated and Compassionate: Kids4Kids Making a Real Difference

What is K4K?

K4K is Share & Care's Kids4Kids team of around 90 energetic and dedicated student volunteers in support of Share & Care's E2S – Educate 2 Success – program. The K4K committee organizes fun fundraisers such as pickleball, scavenger hunts, yoga classes, tennis tournaments, and more to support underprivileged children in India.

2025 Goals

We aim to make a difference and empower and educate children in India through our 2025 goals:

- Raise **\$20,000** through fundraising events and donations.
- Encourage more high school students in the New Jersey/New York area to join and volunteer with us.
- Increase collaboration between the K4K committee and the larger K4K group.

Our 2025-26 Fundraisers Thus Far

Wimbledon Predictions Challenge: In July, the K4K committee organized a fun and unique fundraiser around the Wimbledon Championships. Participants were challenged to predict the winners throughout the June 30 to July 13 matches. The final scores were close, but Hannah Chun took first place, Devyani Shah second, and Bhavesh Parikh, Akshat Upadhyay, and Rohan Shah tied for third.

Fort Lee Racquet Club Tennis Tournament: In May, the K4K committee organized and promoted a tennis tournament at the Fort Lee Racquet Club that raised \$2,000! Two committee members, Saisha Varaiya and Khrish Shah, made it to the final round, but the Share & Care president and his partner, Ravi Munver, took the coveted first place. Everyone involved enjoyed the tasty concession stand with chips, candy, drinks, and other snacks.

The K4K committee would like to thank Shabri Mitta, K4K Chair, for being our pillar of inspiration and source of support.



Make An Impact With Our Signature Programs

\$130	Breaks the generational cycle of poverty by educating 1 girl. ▶ Educate 2 Success
\$140	Provides 1 at-risk child under age 13 with a secondary education. ▶ Educate 2 Success
\$200	Treats 200 girls with hemoglobin checks, medications, and supplements to prevent and treat anemia. ▶ Healthcare 2 Unreached
\$350	Empowers 1 woman with livelihood training and equipment, plus gender equality and self-defense education. ▶ Women Empowerment
\$500	Provides 5 marginalized female students with safe lodging, education, and training for personal growth. ▶ Women Empowerment
\$1000	Bestows 1 bright, low-income student with a college scholarship for one year. ▶ Educate 2 Graduate
\$2500	Vaccinates 100 women against HPV, preventing cervical cancers. ▶ Healthcare 2 Unreached
\$5000	Provides 5 girls Nursing scholarships for one year and increases the nation's healthcare workforce. Funding support for four years recommended. ▶ Educate 2 Graduate

Discover the Many Ways to Give

Though always appreciated, making a one-time monetary donation is not the only way you can support our mission. Here we share a few ideas to help you find ways of giving that work best for you.

Stocks & Mutual Funds

Giving stocks and mutual funds is easy, and can be designated to a cause of your choice. Contact our office, and we'll provide you with information to share with your broker.

Honor a Loved One

Our online donation check-out process has an option to add the name of someone you wish to honor or memorialize, including ways you can share the acknowledgment. Looking to raise funds in honor of someone? Reach out to us, and we can create an online donation page to share with your friends and family to honor your loved one.

Donor-Advised Funds

Our donor advisory program has inspired hundreds of donors and funded more than \$20 million in donor-selected projects. For more information on minimum donations, fees, and FAQs, visit shareandcare.org/daf.

Recurring Giving

Giving monthly is a convenient, budget-friendly way to support a cause you care about, and it's easy: Simply choose "Monthly" in our online donation form, and it will guide you through the process.

Contact Us

For all the ways to give, please don't hesitate to contact us. Email us at info@shareandcare.org or call 201-262-7599.

MANAGEMENT

Saumil Parikh, President; Suresh Patel, Treasurer

BOARD OF TRUSTEES

Sharadkumar Shah, Chair; Aditi Vyas, Secretary

EDITORIAL & STAFF

Tejal Parekh, MA Sp. Ed., Director, Marketing & Operations



“We don’t see each other’s mistakes — we see each other’s goodness. And that changes everything. A friend becomes someone you admire, someone you support...”

WOMEN EMPOWERMENT BENEFICIARY

Count me in! I want to be a friend to those in need.

I want to join Share & Care Foundation in creating lasting, sustainable change in India by ensuring everyone has access to **Education, Healthcare, and Gender Equality** through the following donation:

☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500 ☐ \$1,000 ☐ Other: _____

☐ My gift is ☐ in memory of ☐ in honor of: _____

☐ My gift will be matched by: _____

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Email Address _____



Please help us go paperless by providing your email address (printed clearly).
This will allow us to email you an environment-friendly donation receipt and/or acknowledgment.

Please make checks payable to “Share & Care Foundation” or donate online at shareandcare.org
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(201) 262-7599 | info@shareandcare.org | www.shareandcare.org

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