



**SHARE  
& CARE**  
FOUNDATION

1982–2024

OVER **40** YEARS OF SHARE & CARE  
Uniting Generations in Service



*Letter from the President:*

As the vibrant festival of Diwali approaches, let us remember those in need of light. This Diwali, I invite you to join us as we embark on our end-of-year campaign to raise \$1,000,000, ensuring that every family's light can shine brightly. When we educate children, empower women, or provide healthcare, we also provide hope. In times of darkness or disaster we have the power to illuminate lives, leaving a lasting impact from urban slums to the rural heartlands of India.

As we continue on our individual journeys, remembering that we are part of a universal family is crucial. This concept is beautifully captured in the Sanskrit phrase **"Vasudhaiva Kutumbakam"** from the Upanishads, meaning **"The World is One Family."** Our collective strength lies in supporting the most vulnerable among us, whether through our signature projects or disaster relief. This spirit of our shared humanity is particularly present during times of disaster. Recently, heavy rain caused huge losses and devastated Gujarat. Share & Care has been in touch with local NGOs to assess the situation.

We know it is our duty not only to give back but to teach future generations the importance of these values. This past summer, our Share & Care Kids4Kids volunteers traveled to Mumbai to teach children ages 14–18 from slums, covering subjects like English, Math, Computer Science, and essential life skills. The sparkle of opportunity shines bright in every child's eyes, no matter their circumstances. Sitting on floors asking questions like "Where do you live?" or "Will you come back and see us?" these children remind us of our collective responsibility to uplift every soul.

**This Diwali, let our family grow to include those who have been left behind in darkness.** Together, we can illuminate lives this festive season and beyond.

Wishing you a joyful and prosperous Diwali.

Sincerely,  
*Saumil Parikh*



## Meet Upasi

Upasi Devi, of Uttar Pradesh, wanted to attend school when she was younger. However, due to family circumstances, she could not, and instead, she was married at 12 years old to Akhileshwar Mahto. She worked with Akhileshwar in farming, but their financial situation became strained after they had four children. She was supported by Share & Care's Women Empowerment Program and received agricultural training.

Upasi learned the best practices for managing her farm through these trainings and began her own fishery to increase her family's income. After implementing the practices she learned, Upasi's farm and fishery now generate an additional Rs. 15,000 to 20,000 annually. This income growth has helped Upasi become financially independent and support her children and grandchildren, enriching the entire family's lives.



## MEET OUR K4K LEADERSHIP TEAM

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**Saisha Varaiya**  
Vice President

**Anoushka Parakh**  
Liaison

**Shanaya Parikh**  
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**Swara Jhaveri**  
Assistant Secretary

**Khrish Shah and Krithi Mitta**  
Co-Marketing Secretaries

**Arhaan Gandhi**  
Treasurer

**Anya Shah**  
Fundraising Coordinator

# Kids4Kids: The Next Generation of Leaders

## What Is K4K?

Share & Care Kids4Kids (K4K) is a team of approximately 90 dedicated high school student volunteers, that support the Share & Care Educate 2 Success Signature Program. We raise funds to help educate the underprivileged children of India through various events such as 5K runs, scavenger hunts, and basketball tournaments.

## Our Accomplishments So Far

In the first three months of our year, we have already organized two trips to India as part of our annual internship program with the Light of Life Trust (LOLT), one in July and one in August. During these internships, K4K members taught LOLT students essential computer tools, helped them discover new artistic talents, and shared real-life skills needed to build success.



The K4K team meeting with participants of their annual internship program in India over the summer.

## Our goals for the 2024–25 year include:

- Raise \$20,000
- Educate more underprivileged children in India
- Increase collaboration between the K4K committee and the larger K4K group

## Hear from two students we worked with:

“ I found it nice when you came. I enjoyed learning new things. I enjoyed the games after each lesson.

— SANJANA

“ I enjoyed learning all of the Google applications such as Google Sheets and Google Documents. I learned two new games as well — hangman and making origami fortune tellers.

— VIKRANT

We have also already hosted our first official fundraiser of the year, an NBA Finals bracket competition raising money to continue educating youth in India!

## How You Can Support Us

You can donate to our program at [shareandcare.org/donate](https://shareandcare.org/donate) and select **Kids4Kids**. A donation of \$35 covers membership for one year and earns you a free Share & Care t-shirt, while supplies last. A donation of just \$130 provides you a lifetime membership and guarantees one year of education for a student in need in rural India. ●

Learn More & Spread Awareness  
[shareandcare.org/take-action/kids4kids](https://shareandcare.org/take-action/kids4kids)

Follow Us on Social

📷  
**scfkids4kids**  
🎵  
**shareandcareorg**

Get In Touch

✉️  
**kids@shareandcare.org**

# Educate 2 Success



**EDUCATE 2  
SUCCESS**

Our Educate 2 Success (E2S) program provides underprivileged students in rural India with the necessary resources and support to complete their education. Over 40% of students in India drop out before eighth grade, primarily due to factors linked to poverty. The E2S program addresses this crisis by partnering with NGOs to operate learning centers and conduct various educational activities. Additionally, weekend empowerment workshops aim to boost self-confidence among students.

## A HOLISTIC APPROACH

Our holistic approach helps children develop into productive and confident individuals who make positive career choices. Weekend empowerment workshops teach self-confidence, and after-school English and Math classes offer supplementary instruction. Our social workers also conduct home visits to evaluate living conditions and engage parents in their children's education, and counseling sessions are given to students in need of extra guidance.

## WE'RE EXPANDING OUR REACH

As of 2024, with support from our donors and partners, we've supported 1,856 at-risk students in our education programs and are on track to serve 2,500 students.

**1856** 

## CURRENT NUMBERS:

**160** 

Number of Students

**6** 

Number of Learning Centers

**490+**

Math & English Workshops Per Month

**280+**

Home Visits and Counseling Sessions Per Month

**14+**

Weekend Empowerment Workshops Per Month

**\$137**

Annual Cost Per Student

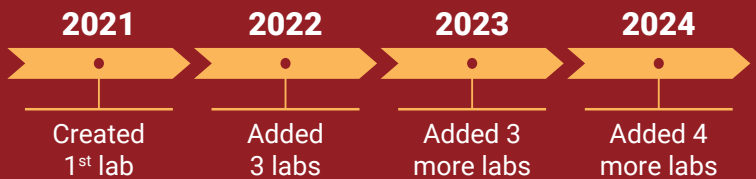
## WHAT \$137 BUYS:

- Books
- School Bag
- Uniform
- Stationery Supplies
- Required Science Tools
- Family Visits
- Counseling
- Math & English Classes
- Empowerment Workshops

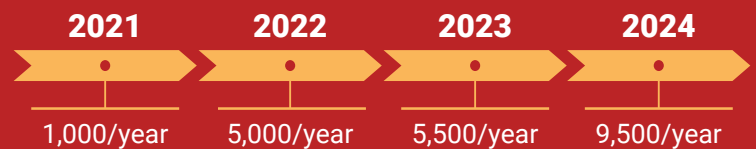
## BRIDGING THE DIGITAL DIVIDE:

We have supported the establishment of digital labs across India. These labs offer students, at no cost, skills training and access that they need to succeed in this digital age.

### COMPUTER LABS FOR DIGITAL TRAINING

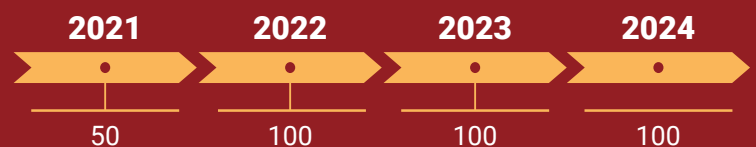


### STUDENTS GETTING DIGITAL EXPOSURE



**TOTAL: 21,000 students**

### TEACHERS TRAINED



**TOTAL: 350 teachers**

# Women Empowerment



At Share & Care, we empower women through education in finance, gender equality, personal safety, and digital literacy while providing livelihood training, seed money, and essential tools. We also focus on personal safety for children, self-defense for older women, and support self-help groups for economic independence and gender equity. Our aim is to create a society where women are safe, empowered, and equipped for success. ●

## OUR MISSION

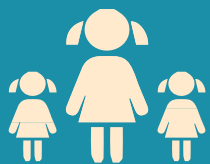
Empower women in its truest sense by bringing a change in the society in which there is an environment of optimal gender equality and equity, women feel safe and can gain livelihood skills with tools to enhance the success.

## PROGRAM GOALS

Develop programs by which gender equality and equity issues are addressed in society at large. Make women more educated about their rights in the society and make a society in which there are equal opportunities for women in every sector. Such programs work at grassroots levels and focus on providing to a select group of women who in turn will empower others and so on. Attain best possible results with available resources.

- 1. Empower women** by using innovative approaches such as providing education in banking, personal finance, gender equality issues and personal safety education while providing them with training in livelihood skills and digital literacy. Provide them with tools to succeed such as providing seed money to start a trade, providing micro loans and providing market linkages. Provide appropriate equipment such as sewing machines, embroidery machines, cosmetology chairs, catering kits etc. in appropriate cases.
- 2. Provide personal safety education** to children of school going age so benefits are longer lasting. We can also create an environment where there will be lower chances of individuals being perpetrators of violence or bystanders when violence is occurring towards women. Work with NGOs in providing education about basic personal safety to older women including training about how to escape dangerous situations and how to fight back if there is need to.
- 3. Empower women** by enhancing formation and continuation of self help groups by which empowered women help empower others and continue to enhance gender equality and equity in the society. Self help groups are known to be a very successful modality that has helped bring economic empowerment in various parts of the world.
- 4. Empower women** by providing them tools for self-development, character building and promoting and enhancing leadership skills.
- 5. Involve men** wherever appropriate in the process to achieve mindset change in the entire society.
- 6. Supplementing traditional education** of school-going girls with life skills training, basic health education, menstrual hygiene, sports and physical activities education, as well as good nutrition.

## CURRENT GOALS



At SCF, we are committed to using innovative, multifaceted and evidence-based approaches empowering women, taking into account the myriad challenges girls face seeking gender equality, equity, and opportunities.

**2,500**

Number of girls and young women we will train in personal safety education

**150**

Number of women whose lives will be enhanced through our holistic approach

**20,000**

Number of women whose lives will be enhanced through our self-help groups

**800**

Number of character-building and leadership training sessions we will conduct

# Healthcare 2 Unreached

Over the past four years, Share & Care has invested \$500,000 in healthcare, benefiting over 300,000 people across 10 projects in India. Our 2023 efforts included mobile clinics, hygiene education, nutritional care, anemia prevention, cancer screening, diabetes care, and mental health awareness. For 2024–25, we aim to expand mobile clinics, anemia treatment, early cancer detection, HPV vaccination, and rural health education. ●



**HEALTHCARE  
2 UNREACHED**

**10**  
Major projects  
spread all over India

**300,000+**  
Beneficiaries

**\$500,000+**  
Invested in Health Care by  
Share & Care during the last 4 years

## Our Cancer Care in 2023

**3134** Mamograms    **2625** PAP tests    **3065** HPV vaccines    **8700** Total beneficiaries

### Breast Cancer in India\*

- 1.38 million cases/yr: 1 in every 4 minutes
- 458,000 deaths/yr: 1 in every 13 minutes

*\*Rajkot Cancer Society stats*

## Our Activity in 2023–2024

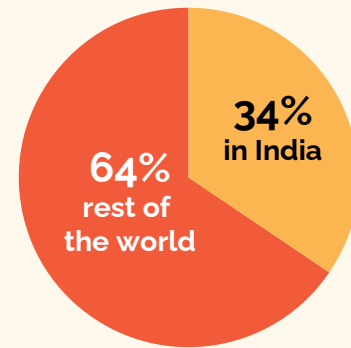
- Mobile health clinics
- Hygiene & Health Education
- Nutritional care
- Health care Seminars & webinars
- Anemia prevention & treatment
- Pregnancy & neonatal care
- HPV cervical cancer, prevention & treatment
- Juvenile Type 1 diabetes care
- Breast cancer testing & prevention
- Digital addiction, Mental health awareness & education

### OUR GOALS for 2024–2025

1. Expand mobile health clinics to 3 more states
2. Expand anemia prevention & treatment to cover another 30,000
3. Increase capacity for early detection of cervical and breast cancer
4. HPV vaccination to cover additional 3,000 women
5. Expand webinars on Digital addiction to 500 schools
6. Focus on prevention and health education in hard to reach tribal areas

FALL 2024

## Cervical Cancer Death Statistics in India in 2019



**365 million**

women at risk

**5%**

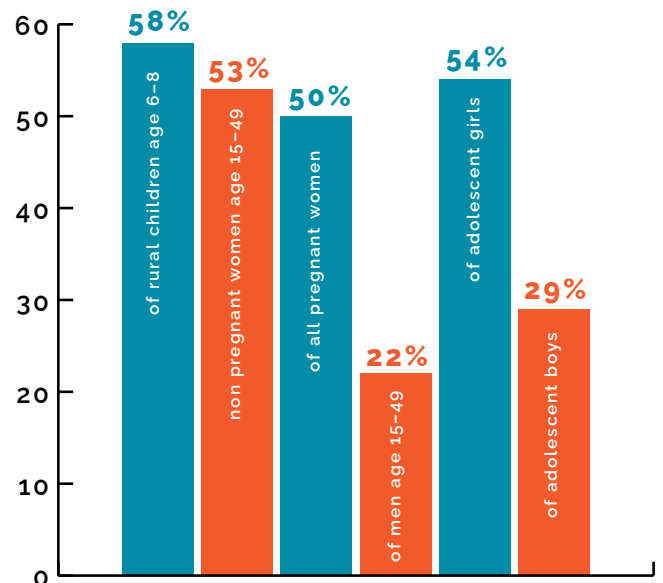
of them at lifetime risk

**74,000**

deaths

## Anemia Statistics – India in 2020

2<sup>nd</sup> leading cause of maternal deaths



*Ref: S. Kishore, National Library of Medicine*

**SHARE & CARE NEWS**

# Educate 2 Graduate

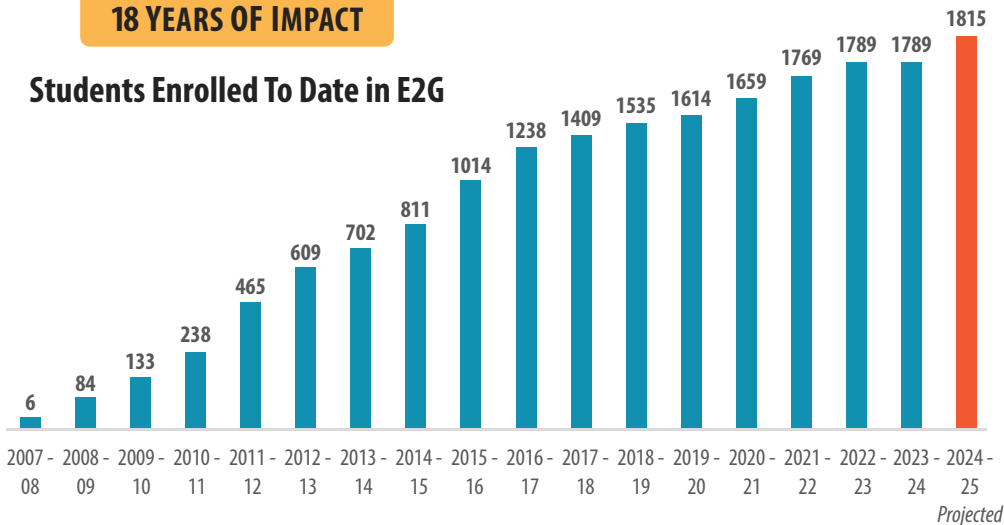


Our Educate to Graduate (E2G) program provides up to \$1,000 per year scholarship to brilliant, but financially disadvantaged college-going students over 4–5 years requiring them to graduate in a professional degree course in Engineering, Medicine, Nursing, Pharmacy & IT. The students are selected carefully based on defined criteria of financial need, their academic performance and the quality of the colleges they have selected for degree courses. It provides them with partial financial support, skill-building training and career guidance to find well-paying jobs after graduation.

Since the inception of the E2G program in 2006, Share and Care has awarded over \$2.6 million in scholarships to over 1,800 brilliant, yet economically challenged scholars to pursue professional college degrees. Our typical scholar comes from a needy family of four or more, with an average household income of around Rs 2 lac/yr. The E2G graduate earnings range from over 2 lac per year to over 50 lac per year. ●

## 18 YEARS OF IMPACT

### Students Enrolled To Date in E2G



## E2G IN NUMBERS

**\$2,738,463**  
INVESTED IN  
E2G TO DATE

**1,800+**  
FAMILIES  
TRANSFORMED

**\$1,000**  
PER STUDENT,  
PER YEAR

**20x**  
RETURN ON  
INVESTMENT

## About Our E2G Signature Program

- We work with five NGO partners in India to implement our E2G program, including HEST and SNT, both in Gujarat, LPF and Y4D both in Maharashtra, and Kalanjyam in Tamil Nadu.
- Students selected are in the top 10 percent of their high school graduating class.
- Their families have incomes of less than \$2,500 USD per year.
- Each student's metrics are tracked throughout their degree program to monitor progress.
- Students are supported emotionally as well as financially. They have access to mentors and personal and professional development opportunities.

## What Our 800 Graduates Are Earning:

- Average salary: \$5,300+ per year
- Salary range: \$2,600 to \$66,800
- Wealth to be generated in 5 years: \$22 million



Our Educate 2 Graduate program supports brilliant, but economically challenged students as they pursue higher education.

# Make an Impact With Our Signature Programs

<b>\$130</b>	provides 1 at-risk child under age 13 with a secondary education. ( <i>Educate 2 Success</i> )
<b>\$200</b>	treats 200 girls with hemoglobin checks, medications, and supplements to prevent and treat anemia. ( <i>Healthcare 2 Unreached</i> )
<b>\$350</b>	empowers 1 woman with livelihood training and equipment, plus gender equality and self-defense education. ( <i>Women Empowerment</i> )
<b>\$500</b>	provides 5 marginalized female students with safe lodging, education, and training for personal growth. ( <i>Women Empowerment</i> )
<b>\$1,000</b>	bestows 1 bright, low-income student with a college scholarship for one year. ( <i>Educate 2 Graduate</i> )
<b>\$2,500</b>	vaccinates 100 women against HPV, preventing oral and cervical cancers. ( <i>Healthcare 2 Unreached</i> )
<b>\$5,000</b>	provides 5 girls Nursing scholarships for one year and increases the nation's healthcare workforce. Funding support for four years recommended. ( <i>Educate 2 Graduate</i> )

## Make a Mark: Change Lives With Donor-Advised Funding

Over the past four decades, our Donor Advisory program has inspired hundreds of donors across the U.S. and has funded more than \$20 million in donor-selected projects throughout India. These contributions have created a significant impact for populations at large, transforming countless lives and leaving a gift for future generations. You have an opportunity to be part of this esteemed legacy of service!



### Impact to Date

Our donors have been instrumental in a wide array of transformative projects:

### Healthcare Initiatives

We've built new facilities, refurbished and expanded existing ones, supported medical camps, and supplied critical medication and care.

### Pandemic Response

During the COVID-19 pandemic, our donors supported numerous health and relief programs, offering vital, life-saving assistance when it was most needed.

### Educational Advancements

From expanding schools and colleges to building hostels and providing scholarships, our initiatives have substantially improved educational opportunities.

These programs have not only **provided immediate relief but have paved the way for a brighter future for millions** of beneficiaries throughout India.

### Support a Cause with a Charity in India

Selecting a project to sponsor can be a meaningful and deeply personal decision. Many choose projects based on states they grew up in, places they have traveled, or causes they deeply care about. Alternatively, you can support one of our existing NGO partners through donor-adviced funding. We guide you through this process, ensuring projects are vetted for eligibility and compliance. We work with experienced charitable organizations to ensure quality, cost-effective, and sustainable development projects. Our team visits projects regularly, monitors progress, and evaluates impact.

For more information on minimum donations, fees, and FAQs, visit [shareandcare.org/take-action/customized-donor-service/](https://shareandcare.org/take-action/customized-donor-service/) or email [info@shareandcare.org](mailto:info@shareandcare.org).

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Girls from underprivileged backgrounds often do not know their own worth. These special souls deserve to be treated with dignity and respect; however, many do not have the freedom to express themselves at home. They may be subjected to the traumas of abuse, neglect, or parental death or separation, leaving them feeling trapped and hopeless. When these girls come to live in a hostel, they are surrounded by girls who understand what they are going through and experience a sense of freedom for the first time.

**“There is no better compass than compassion.”**

— AMANDA GORMAN

Sabarmati Ashram Project, supported by Share & Care

# Count me in! I want to be of service to others.

I want to join Share & Care Foundation in creating lasting, sustainable change in India by ensuring everyone has access to **Education, Healthcare, and Gender Equality** through the following donation:

\$50     \$100     \$250     \$500     \$1,000     Other: \_\_\_\_\_

My gift is  in memory of  in honor of: \_\_\_\_\_

My gift will be matched by: \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_



*Please help us go paperless by providing your email address (printed clearly). This will allow us to email you an environment-friendly donation receipt and/or acknowledgment.*

Please make checks payable to “Share & Care Foundation” or donate online at [shareandcare.org](http://shareandcare.org)

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