

BEFORE



AFTER



Tomorrow, on International Day of Rural Women, we honor the strength and resilience of women who drive change in their communities. We are proud to share Sunita's story, an inspiring example of how empowerment initiatives transform lives.

### Sunita's Journey to Self-Reliance

Sunita, a widow from Ahmedabad, faced immense challenges after losing her husband. She moved in with her parents with two young children and no family support. After her father's sudden passing, Sunita struggled to provide for her family through small-scale tiffin services. Her worries centered around her children's education and future.

Her life changed when she discovered empowerment programs backed by the Share & Care Foundation. With our partner, Saurashtra Medical & Educational Charitable Trust (SMECT), Sunita received free beautician training and a starter kit. The program also included training in banking, finance, gender equality, and self-defense, significantly boosting her confidence.

With these new skills, Sunita opened the VK Beauty Parlor from home and began freelancing beauty services. She now earns **INR 20,000 a month**, enabling her to support her family and educate her children. Sunita expresses deep gratitude to the donors and the team that helped make this possible. Watch the video below to hear Sunita's story in her own words.



## 25 Years of Improving Rural Women's Lives with SMECT

As we celebrate 25 years of partnership with SMECT, Gujarat, we reflect on the countless lives touched and our ongoing commitment to sustainable change driven by our founders and continued by the next generation. An integral part of all our Women Empowerment (WE) programs includes equipping women with self-defense skills, ensuring they are empowered and capable of safeguarding themselves. Some of our achievements with SMECT include:

- Reached over **1.5 million people** through thalassemia prevention drives
- Distributed **150+ shipments of recovery materials** to those impacted by earthquakes
- **Connected more than 550 NGOs** in India to share information
- Supported the development of **14 rural schools**
- Offered science education events for **more than 150,000 children** in Rajkot
- **Supported 11,000+ women** through the Women Empowerment program



### Join Us in Making a Difference

On this **International Day of Rural Women**, we invite you to celebrate the achievements of women like Sunita and to support our ongoing efforts to empower more women to become self-reliant and confident leaders in their communities.

Your involvement can make a tangible difference.

[SHOW YOUR SUPPORT](#)



[MAKE A DONATION](#)

[View as a Web Page](#)

Share & Care Foundation  
350 West Passaic St. 2nd Floor  
Rochelle Park, NJ 07662

1-201-262-7599

You received this email because you're signed up to receive updates from us.

[Click Here to Unsubscribe](#)

©2024 Share & Care Foundation