

# Let's Impact 150,000 Lives

Dear Patrons,

Over 100,000 individuals — men, women, and children — have received vital aid through your generosity thus far in 2022! By the end of this year, Share and Care will have distributed more than \$80 million of aid in our 40 year history through your invaluable contributions! This momentous milestone deserves a heartfelt celebration, and we look forward to commemorating our 40 years of achievements together with YOU, our patrons, in 2023.

We are ensuring that every dollar we distribute in 2022 reaches one more family. As Covid relief has given way to a renewed focus on our core projects, **our work is more urgently needed than ever**. The cost of living has dramatically increased, driving more families below

the poverty line. Since the pandemic, our impact has been felt across 15 states of India, and with your support, we can continue to penetrate India's most rural areas. This year, your Foundation has been hard at work addressing this fast-changing environment through our core pillars of support: **Women Empowerment, Healthcare to Unreached, Educate to** 

#### "I am extremely grateful to Share & Care for granting my daughter a scholarship. In a dark phase of my life, your foundation's help was like a ray of hope."

FATHER OF GAYATRI SHINDE, SHARE & CARE EDUCATE 2 SUCCESS PROGRAM BENEFICIARY

**Success, Educate to Graduate, and Village Upliftment**. With all of these accomplishments, one might assume that our combined journey of sharing and caring has reached its pinnacle. However, with the waves of calls for action still knocking at our door, we must endeavor together with compassion. YOUR hand and heart are crucial for us to fulfill this aim.

Our target is to **impact 150,000 lives in 2022**. Please give generously so that together, we can reach our goal. As we approach this season of thanks, **we are grateful for the Caring community that we Share** — an ever-growing network of more than 12,000 donors and volunteers across generations.

With gratitude and best wishes for the holiday season, Your Share & Care Foundation Family





**TOP:** Prior to receiving her scholarship, Gayatri Shinde, pictured with her parents, was at risk of having to drop out of school due to the financial strain.

**BOTTOM:** Free from financial worry, Gayatri is able to focus on her schoolwork and spends time studying with her peers in the library.



# Stay Connected

Be First To Know About Upcoming Events!

Please email **info@shareandcare.org** to join our email list

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- O @ShareAndCareOrg
- 🎔 @SCF4India
- ♂ @ShareAndCareOrg



### Annapurna Discovers Her Passion for Dance and Thrives

Annapurna Parmar lives in the lepers' community on the remote outskirts of Ahmedabad in Gujarat. Her father died of leprosy a few years ago, and her mother and grandmother are beggars while her brother sells goats to support them. Annapurna struggled in school due to instability in her home life, eventually dropping out in 10th grade; however, she was exposed to the arts through the Loving Community Center, the arts community established near her home. There, she

"The ashram has given me a second lease on life. I enjoy dancing and love my hostel life. Even during holidays, I wish to stay here instead of going home. This place will always be my real home."

ANNAPURNA PARMAR, SHARE & CARE WOMEN EMPOWERMENT PROGRAM BENEFICIARY learned to love dance and was discovered by ashram volunteer and musician, Nimo. He mentored her in the arts and encouraged her to resume her education.

Annapurna re-joined the 9th grade class at Ashram Vinay Mandir School, supported by Share & Care and the Sabarmati Ashram Project. There she strengthened her

educational foundation and successfully passed grades 9 through 11, while also excelling in dance. She had the opportunity to travel across the globe, performing in front of thousands of people as part of Jai Jagat Tour. Annapurna is now in 12th grade and is excelling academically and eagerly awaiting the opportunities available to her. She hopes to attend college next year and looks forward to her bright future and chance at a better life.



**TOP:** Annapurna Parmar was able to overcome all obstacles and restart her life with mentorship and support.

**BOTTOM:** Annapurna was selected to perform in front of thousands of people around the globe as part of the Jai Jagat Tour.

"Women Empowerment projects have made an enormous impact on the lives of women in India, educating, empowering, and rehabilitating them. For me and members of our committee, this work has been an enriching and fulfilling experience because of the sense of achievement and satisfaction we feel in making a difference in the lives of tens of thousands of women. We have active projects in 11 states of India, and since our work is far from over, we will continue to expand these projects with enthusiasm and zeal."

DR. KEKTI SHAH, CHAIR OF THE WOMEN EMPOWERMENT COMMITTEE

OTHER MEMBERS OF THE WE COMMITTEE INCLUDE DR. LILA SHAH, DR. KANAN PATRAWALLA, JAYU PARIKH, JYOTSNA SHAH, DR. HETAL GOR, DR. SINDHU MITTADODDI, ABHA RAI, AND PRACHI KALLA

# **Gayatri Has Hope for a Bright Future**





Gayatri Shinde is a 9th-grader who lives with her parents in a rented room in the Asalpha village in Mumbai. She is a sincere and hardworking young girl who loves to dance and excels academically. Two years ago, her father, the sole earner of the family, lost his job,

and the family has struggled financially since. Gayatri's family struggles to pay their high rent and costly utility bills, together totaling roughly Rs. 6,500 per month for one small room. With his temporary job, Gayatri's father was unable to pay her school fees, putting her at risk of dropping

#### "Thank you, Share & Care for your support in this difficult phase of my life. Your help means a lot to me."

GAYATRI SHINDE, SHARE & CARE EDUCATE 2 SUCCESS PROGRAM BENEFICIARY



**TOP:** Gayatri Shinde is excelling academically and hopes to become an Indian Police Service Officer one day.

**BOTTOM:** Gayatri's family struggles to afford the monthly rent and utilities for the single, small room that they share in Mumbai.

For just \$130 per academic year, an underprivileged student can receive a quality education. out. With help from SPRJ

Kanyashala Trust, Gayatri received a Share & Care scholarship to cover the cost of her education, and her family will be free of any financial burden associated with it. Now she will be able to finish her schooling successfully, with hopes of one day becoming an Indian Police Service Officer.

"It has been a great honor and privilege to lead the Educate 2 Success Committee. All the members of this committee are diligent, hard-working, and willing to take time out of their busy schedules to participate actively. Every visit to these superb nonprofits is emotionally very satisfying, revealing how our funds are utilized to educate deserving but economically challenged students. The outpouring of funds from our loyal donors and patrons is the key to success for E2S."

DR. SHIRISH PATRAWALLA, CHAIR OF THE EDUCATE 2 SUCCESS COMMITTEE

OTHER MEMBERS OF THE E2S COMMITTEE INCLUDE SUDHA BHANSALI, SNIMA SHETH, JAY JHAVERI, AND ALPESH SHAH



### Hemalatha and Her Baby Provided With Ongoing Care and Support

emalatha is a young mother in Chennai in Tamil Nadu. When she became pregnant, she began receiving care from the Kalanjiyam Right Information Community Health (RICH) program, which is supported by Share & Care. Not only did she receive prenatal counseling and medical visits during her pregnancy, she also benefited from advice and support from program staff after she gave birth. They assisted her with her



For just \$200, you can ensure 200 girls receive vital health checks and care.

Hemalatha and her child continue to receive support from the RICH program, ensuring that they are both healthy.

concerns regarding breastfeeding, proper infant nutrition, and preventative healthcare for her baby. Hemalatha is enjoying a healthy postpartum recovery, and her baby is strong and healthy due to the support she has been provided.

"I think what they are doing is very important, as many women do not have enough awareness on these issues and do not even follow the advice of a doctor. Repeated follow-up and counseling help women adopt healthy and correct practices. The women in our village have been greatly benefited by this program, and we thank you wholeheartedly."

HEMALATHA, SHARE & CARE HEALTHCARE 2 UNREACHED PROGRAM BENEFICIARY "While I have been the Chairperson of the Healthcare 2 Unreached Committee for more than seven years, my association with Share & Care goes far beyond, with nearly 25 years as an active member of many committees. My vocation as a practicing physician has given me a deep understanding and insight into the health needs of some of our most underserved beneficiaries. Working alongside like-minded and dedicated committee members. I feel a deep sense of satisfaction and contentment for being able to serve the community at-large on the platform built by the Foundation. The ideals of the Foundation and its charitable causes have forever given me a sense of humility and a feeling of fulfillment in my personal life which motivates me to be even more engaged in years to come."

#### DR. BHARATI PALKHIWALA, CHAIR OF THE HEALTHCARE 2 UNREACHED COMMITTEE

OTHER MEMBERS OF THE H2U COMMITTEE INCLUDE DR. ARUN PALKHIWALA, DR. MANOJ DESAI, DR. AMITA DESAI, VICTOR GURUNATHAN, DOLLY KAUR, HEMLATA SHAH, AND ESHA THAKKAR

### Anil Fosters Confidence and Independence Through Gardening

Anil Bhai is a Lokmitra serving with ESI, supported by Share & Care, in the village of Waghjipur Gujarat. Anil is passionate about nutrition, and upon learning about the benefits of natural farming, he decided to engage his community through organic gardening. He encouraged the villagers to start growing their own food by setting an example, growing food in his own kitchen garden. Though the villagers were not convinced of the benefits of farming their own produce



at first, they were interested in his garden. Anil began sharing his seeds with a few families that were ready to start their own gardens, and eventually, the entire community started exchanging seeds and working to grow their own fruits and vegetables. Over the past few months, 15 families have become completely sustained by their gardening efforts, enjoying the produce grown, the money saved, and the sense of independence it brings.



**TOP:** Lokmitra Anil Bhai engaged his village in organic farming to improve community sustainability and health.

BOTTOM LEFT: The entire community began exchanging seeds and working to grow their own organic fruits and vegetables.

BOTTOM RIGHT: Following Anil's guidance, 15 families have become completely self-sustained by their gardening efforts.



**"Sometimes we simply need a friend!** The successes of the Lokmitras, or "friends of the people," of our Village Upliftment program have convinced philanthropists to become stakeholders, securing funds and support to ensure that the Lokmitras can continue to uplift their villages. They have touched thousands of lives and served villagers in visible and invisible ways. Our three-year experiment of investing in human capital to sustainably develop village communities is bearing fruits, with this initiative prompting a ripple effect throughout the state and nation."

DILIP PARIKH, CHAIR OF THE VILLAGE UPLIFTMENT COMMITTEE

OTHER MEMBERS OF THE VU COMMITTEE INCLUDE JAYPRAKASH MEHTA, AMAR SHAH, AND PRIYA SETHI



#### VILLAGE UPLIFTMENT





Umang Marsonia won a competition for his electronic bicycle built during his time as an E2G scholar.

### Umang Builds an Award-Winning Electric Bicycle

Umang Marsonia is a brilliant recipient of an Educate 2 Graduate scholarship, distributed through the Sister Nivedita Foundation in Rajkot. Umang had a keen interest in electrical engineering, hoping to work in the field one day, but the fees for his education were too high for his parents to afford without help. With an E2G scholarship of Rs. 40,000 annually, he was able to complete his bachelor's degree in technology earlier this year from V.V.P. Engineering College in Pune.

During his time there, Umang excelled in his studies, and under the direction of a few of his main professors, he designed and built an electric bicycle that could carry up to 375 pounds for almost 40 miles on a single charge. Umang received recognition for his e-cycle at the "E-Mobility: An Approach to Green Energy" conference hosted by the Devang Mehta Foundation. Despite fierce competition from his peers, his project won the firstplace prize of Rs. 100,000. Umang's work will make transportation more affordable and environmentally friendly, causing an immeasurable ripple effect.

Umang is currently working as an automotive engineer for KPIT Engineering in Pune. He reflects on the support he received from Share & Care and SNF often and credits them with his success. He plans to give back to the program, helping other deserving students achieve their dreams.

"Educate 2 Graduate was created as a Signature Project in 2006. It was my great privilege to be part of this noble project. It brought many memories to me and many professional individuals like me who studied and excelled after obtaining scholarships for higher studies. It is heartwarming to see that almost 1,800 students have received scholarships and many now graduated, with funding from Share & Care. When we see these students earning from \$2,600 to \$66,800/year, the economic impact over the next 30 years will be crores of rupees. We at E2G feel very proud of this achievement and hope to continue for many more years to come. *Under the able leadership of Dilip Parikh we have added one more NGO in Pune to fulfill dreams of 25 new students.*"

SHIRISH PATRAWALLA, EDUCATE 2 GRADUATE COMMITTEE MEMBER SINCE INCEPTION

OTHER MEMBERS OF THE E2G COMMITTEE INCLUDE DILIP PARIKH (CHAIR), SUDHA BHANSALI, DR. LILA SHAH, AND DHILATI OZA

### Help us reach our goal of empowering the lives of 150,000 beneficiaries in need! Each gift is greatly appreciated – see how yours can help!

\$130	1 at-risk child under age 13 with a secondary education. (Educate 2 Success)
\$200	200 girls with hemoglobin checks, medications, and supplements to prevent and treat anemia (Healthcare 2 Unreached)
\$360	1 woman with livelihood training and equipment, plus gender equality and self-defense education. (Women Empowerment)
\$500	5 marginalized female students with safe lodging, education, and training for personal growth. (Educate 2 Success / Women Empowerment)
\$1,000	1 bright, low-income student with a college scholarship. (Educate 2 Graduate)
\$2,500	100 women by providing HPV vaccinations that prevent oral and cervical cancers (Healthcare 2 Unreached)
\$5.000	1 village and up to 5,000 individual villagers. (Village Upliftment)

### Share & Care Kids4Kids: Cultivating the Younger Generation's Passion for Philanthropy



**Kids4Kids** committee members include (alphabetically by first name): Aagam Kothari, Anika Gandhi, Krishi Shah, Nysa Kothari, Rhea Shah, Rishin Shah, Shivam Modani, Shlok Jhaveri, and Yana Mehta.



Young Professional Committee members pictured (L to R): Dhilati Oza, Megan Kothari, Payal Doshi, Varun Malhotra, Aditi Vyas and Pooja Pandya. Other members include Mohit Singla, Ruchi Karsalia, Esha Thakkar, Sweta Sukhadia, Nissa Dalal, and Priya Sethi The Share & Care Kids4Kids (K4K) Committee is a student-led volunteer organization open to kids ages 12-18 in the New Jersey and New York areas. This year, K4K hosted several successful and fun events, including a raffle, a Chipotle fundraiser, a volleyball match, a scavenger hunt, and more. **These events brought the community together to raise a total of more than \$27,000!** 

These funds will be distributed through our Educate 2 Success (E2S) program, which supports underprivileged students in rural India. In collaboration with two partner NGOs in Maharashtra, K4K's remarkable fundraising work will provide supplemental computer classes, sports coaching, and online **learning opportunities for 200 girls**. Additionally, they **will support 500 students** as they take coding classes, learn about basic electronics and programming, and receive instruction in performance arts, visual arts, and financial literacy.

#### Thank you for supporting K4K!

The Kids4Kids team **would like to thank you** for your support and invite you to participate in future events.

#### Keep up with K4K:

- Learn how to get involved at shareandcare.org/take-action/kids4kids,
- Follow @scfkids4kids on Instagram,
- Purchase K4K merchandise at shopshareandcare.square.site, or
- Reach out to kids@shareandcare.org.

### Young Professional Committee: Stoking Passions for Nonprofit Work

The Young Professional Committee (YPC) is a group of passionate individuals from all over the country with a mission to volunteer and fundraise for the causes Share & Care supports while fostering a community for members to connect over their combined passions for nonprofit work. In 2022, YPC raised enough money to build a digital literacy lab for underserved students in Uttar Pradesh, and members are now focusing their end-of-year efforts on women's healthcare. With a diverse makeup that includes entrepreneurs, doctors, performers, students, business professionals, and more, the committee had two members join Share & Care's Board of Trustees with multiple other members involved on Signature Program committees! In addition to fundraising, the committee hosts seasonal events for its members, sponsors, and potential new volunteers. Want to get involved? Email us at **ypc@shareandcare.org**.

#### SHARE & CARE MANAGEMENT

Saumil Parikh, President

Suresh Patel, Treasurer

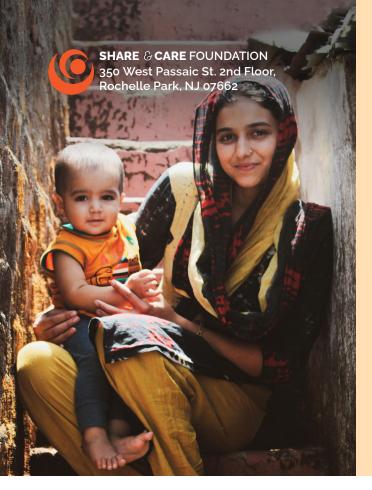
Varsha Mehta, Chair, Board of Trustees

Aditi Vyas, Secretary, Board of Trustees

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**Tejal Parekh, MA Sp. Ed.,** Director, Marketing & Operations

#### SHARE & CARE NEWS



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Join us in empowering people like Annapurna, Gayatri, Umang, Hemalatha, her infant child, and entire villages like Waghjipur. Make a lifechanging impact with the Share & Care Foundation Family.

# We Count on You! Let's Impact 150,000 Lives!

I want to join Share & Care Foundation in creating lasting, sustainable change in India, **Uplifting Villages** to ensure everyone has access to **Education**, **Gender Equality**, and **Healthcare** by making the following donation:

	\$50		\$100		\$250		\$500		\$1,000		Other:				
	My gift is in memory of in honor of:														
	My gift will be matched by:														
Name									Phone						
Address															
City								S <sup>.</sup>	tate		Zip				
	Email Address														



Please help us go paperless by providing your email address (printed clearly). This will allow us to email you an environment-friendly donation receipt and/or acknowledgement.

Please make checks payable to "Share & Care Foundation" or donate online at <u>shareandcare.org</u> Mail to: **350 West Passaic St. 2nd Floor, Rochelle Park, NJ 07662** (201) 262-7599 | info@shareandcare.org | <u>www.shareandcare.org</u>

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