



FIGHTING HEALTHCARE DISPARITIES IN RURAL INDIA

Today, September 21st, is International Day of Peace. The 2021 theme of “Recovering Better” calls us to create a more equitable world.

Scroll down to see a video highlighting how your generosity helps our Healthcare 2 Unreached program provide care in rural villages.

The International Day of Peace was established by the United Nations General Assembly in 1981. It was declared to be a day devoted to strengthening the ideals of peace. This year’s theme of “Recovering Better for an Equitable and Sustainable World” reminds us that we must continue to address the inequalities of access to healthcare in India. After the video, read on to learn how our **Healthcare 2 Unreached (H2U)** program is fighting these healthcare disparities.

Healthcare 2 Unreached: Improving Access to Healthcare for Women in Remote Areas



Nutrition and Health for Women and Girls

H2U, in partnership with NGOs like GRAVIS, provides individuals in rural villages access to the healthcare they need through projects like Nutrition and Health for Women and Girls (NHWG). Women living in the remote villages in the Thar Desert of Rajasthan live under extremely poor health conditions that contribute to higher mortality rates and negative health outcomes. The NHWG project identified three sets of challenges that women in these areas often face:

- Nutritional disorders such as anemia and diabetes;
- Sexual and reproductive health issues such as inadequate menstrual health and poor sanitation; and
- Rising rates of mental health challenges such as postpartum depression and dementia.

The NHWG project was launched in 2020 and will continue through 2023. This project, **with the support of Share & Care, will ultimately benefit 6,000 women and girls in five rural villages** of the Thar Desert by addressing nutritional deficiencies, improving sanitation, addressing mental health, and providing health awareness and education.

[LEARN MORE ABOUT H2U](#)

The COVID-19 pandemic highlighted disparities in access to healthcare and, in doing so, highlighted the need for our H2U program and the projects it makes possible. As you reflect on this International Day of Peace and its theme, **please consider making a donation to address inequality of healthcare access in India**. No gift is too small, and each one is greatly appreciated.

[SEND A GIFT](#)



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