



Hello Friend!

We are very excited to announce the first **Share & Care Foundation Make a Difference 5K Walk/Run** — and we want you to be a part of it. With your help, we can create the ultimate family event for you, your family, and — **BONUS!** — for a deserving family living in poverty in rural India.

Whether you're from India, U.S., or anywhere else, we're all family, so let's do this!

5K Walk/Run: Open to ages 8+, the 5K is for anyone who can safely run or walk 3.1 miles. The 5K and 1K are held simultaneously, so family members can join in wherever they're most comfortable. Competitive runners will be glad to hear the track is a USA Track & Field-certified course.

1K KIDS Walk/Run: Open to children ages 7 and under.

Share & Care Foundation Make a Difference 5K Walk/Run

When:

May 19, 2018

8:00am Check-in

9:30am Race start time

Where:

Overpeck County Park

199 Challenger Rd.

Ridgefield Park, NJ

[Learn More](#)

We Asked a Few Participants: What Made You Sign Up?

You can also register a friend or family member to accompany them.

To ensure your spot as a participant:

SIGN UP NOW

Other Ways You Can Help

Interested in volunteering? Check [here](#) for available opportunities.

Or being a sponsor? Learn more about the [benefits and opportunities](#) (click on Sponsor), or [download our sponsor form](#).

Would you like to make a donation? You can donate toward the [5K Walk/Run here](#), or to [all of our programs here](#).

Track Map



See [larger view here](#).



“I read the stories of these children, and gave them money from my piggy bank. We’re born into the same world and should have the same opportunities!”

—Sareena Parikh (bottom right) pictured here with children from Ekatva, a Share & Care project.



“I want my daughters to grow up feeling empowered and to learn to give back to humanity.”

—Mrs Holistic a.k.a. Suchita Kothari, 5K Walk/Run participant (with her daughters), and sponsor (Ayurvedic Consultant).



3x Now your support goes 3 times as far

From Mar 12 – 31, Amazon will triple the donation rate to 1.5% on your first eligible purchase at smile.amazon.com.

amazon smile



“Don’t wait, please sign up, it’s for a brighter future for children like us.”

—Arun Mehta (right), pictured with brother Arhaan and grandmother Amita Mehta.

Top banner:
“They] empower girls of all ages with the necessary knowledge needed to protect themselves from harm.”

—Courtney Hodok (left) pictured with Zorela Jiminez at a recent 5K event.

				
SECONDARY EDUCATION	COLLEGE EDUCATION	WOMEN EMPOWERMENT	HEALTHCARE	SANITATION & HYGIENE



MAKE A DONATION

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